

CDC Operationalized 1305 Performance Measure

Date: 12/18/2015

Performance Measure B.1.02: Number of students in local education agencies where staff received professional development and technical assistance on strategies to create a healthy school nutrition environment.

Strategy: Promote the adoption of food/beverage guidelines/nutrition standards, including sodium

Intervention (Enhanced only):

Basic

Enhanced

- Domain 2: Environmental Approaches that Promote Health
- Domain 3: Health Systems Interventions
- Domain 4: Community Clinical Linkages

Short Term Intermediate Long Term

| AREAS | EXPLANATION |
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| Purpose of Performance Measure | <ul style="list-style-type: none"> • The purpose of this performance measure is to determine reach of professional development and technical assistance on nutrition standards and strategies to create a healthy school nutrition environment to ensure that students have access to a healthy school nutrition environment (see CDC’s School Health Guidelines to Promote Healthy Eating and Physical Activity). |
| Results Statements | <ul style="list-style-type: none"> • In the US, CDC funded grantees worked to increase access to healthy school nutrition environments. |
| Definition of Terms (Key concepts defined) | <p>A healthy school nutrition environment includes multiple elements: access to healthy and appealing foods and beverages available to students in school meals, vending machines, school stores, à la carte lines in the cafeteria, fundraisers, and classroom parties; consistent messages about food and healthy eating, and the opportunities students have to learn about healthy eating.</p> <p>Nutrition standards outline the requirements that foods and beverages must meet in order to be sold or available. Nutrition standards can address nutrient requirements (e.g. ≤35% calories from sugar), types of foods and beverages to make available (fruits, vegetables, whole grains, low-fat or nonfat dairy), portion sizes (8 fluid ounce portions of milk), time of day and locations where items may be offered or sold, served or consumed.</p> <p>Local education agency (LEA) is another word for school district and will be referred to as LEA throughout this document.</p> <p>Professional development (PD) refers to a set of skill-building processes and activities designed to assist targeted groups of participants in mastering specific learning objectives. Such events are delivered in an adequate time span (at least 3 hours) and may include curriculum and other training, workshops, and on-line or distance learning courses. Professional development should be focused on highly effective trainings and workshops. Professional development may be delivered by the State Department of Health and/or its partners.</p> <p>Technical assistance (TA) refers to tailored guidance to meet the specific needs of a site or sites through collaborative communication between a specialist and the site(s). Assistance takes into account site-specific circumstances and culture and can be provided through phone, mail, e-mail, Internet, or in-person meetings. Technical assistance may be delivered by the State Department of Health and/or its partners.</p> |

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| Unit of Analysis | <ul style="list-style-type: none"> Students |
| Intended/Targeted Population | <ul style="list-style-type: none"> Students in local education agencies where staff have no knowledge or limited knowledge about nutrition standards and appropriate strategies to create healthy school nutrition environments. |
| Numerator/Count | <ul style="list-style-type: none"> Actual number of students in local education agencies that have received professional development or technical assistance on nutrition standards and strategies to create healthy school nutrition standards. |
| Denominator | <ul style="list-style-type: none"> N/A |
| Rate/Percentage | <ul style="list-style-type: none"> N/A |
| Disparities Focus | Approach related/specific: <ul style="list-style-type: none"> Approach related/specific: Academic, health, SES, free and reduced priced lunch data |
| | Stratification: <ul style="list-style-type: none"> N/A |
| Data source(s) | <p>The following data sources can/should be used to collect data for this measure:</p> <ul style="list-style-type: none"> Training tracking system, Student and School data reports, State Department of Education database, National Center for Education Statistics database. The number of students enrolled in a district can easily be obtained from the National Center for Education Statistics' District Search page: https://nces.ed.gov/ccd/districtsearch/ Professional development and technical assistance provided by partners you work with closely on relevant nutrition content can count for this performance measure. |
| | Not Appropriate: <ul style="list-style-type: none"> School Health Profiles |
| Frequency of Data Collection | <ul style="list-style-type: none"> Annually |
| References/Resources | <ul style="list-style-type: none"> CDC's School Health Index http://www.cdc.gov/healthyschools/SHI/index.htm CDC's School Health Guidelines to Promote Healthy Eating and Physical Activity http://www.cdc.gov/healthyschools/npao/strategies.htm CDC's Fruit and Vegetable National Action Guide http://www.cdc.gov/nutrition/downloads/national-action-guide2013.pdf Action for Healthy Kids - Parents for Healthy Kids Toolkit http://www.actionforhealthykids.org/what-we-do/programs/parents-for-healthy-kids USDA HealthierUS School Challenge http://teamnutrition.usda.gov/HealthierUS/index.html National Center for Education Statistics District Search https://nces.ed.gov/ccd/districtsearch/ |
| Questions/Issues for CDC Grantee Collaboration | N/A |

**Additional
Information/Guidance**

Students should represent those in LEAs targeted for professional development or technical assistance (e.g., all LEAs in state, LEAs not previously targeted for nutrition professional development and technical assistance, high-need LEAs based on academic, health, SES, free and reduced priced lunch data).