CDC Operationalized 1305 Performance Measure	
Date: 12/18/2015	Measure ID: m_2.6.08
Performance Measure: Performance Measure: Performance Measure:	ercent of K-12 students who are overweight or obese (in the local education agencies targeted by
Strategy: Implement quality	physical education and physical activity in K-12 schools
CSPAP includes quality physic	: Develop, implement, and evaluate comprehensive school physical activity programs (CSPAP). al education and physical activity programming before, during, and after school, such as recess, k/bicycle to school, physical activity clubs).
☐ Basic	
⊠ Enhanced	
☐ Domain 3: Health	nmental Approaches that Promote Health Systems Interventions unity Clinical Linkages
☐ Short Term	□ Intermediate □ Long Term
AREAS	EXPLANATION
Purpose of Performance Measure	The purpose of this performance measure is to determine the extent to which students promoting healthy eating in effort to reduce overweight or obesity (see CDC's School Health Guidelines to Promote Healthy Eating and Physical Activity).
Results Statements	In the US, CDC funded grantees worked to reduce overweight or obesity among students.
Definition of Terms (Key concepts defined)	Overweight is defined as having excess body weight for a particular height from fat, muscle, bone, water, or a combination of these factors. Obesity is defined as having excess body fat.
Unit of Analysis	Students
Intended/Targeted Population	K-12 students in the targeted LEAs.
Numerator	• N/A
Denominator	• N/A
Rate/Count/Percentage	Percent of students in grades 9-12 in targeted LEAs who are overweight or obese.
Disparities Focus	Approach related/specific:
	Stratification: •
Data source(s)	The following data sources can/should be used to collect data for this measure: • 2015, 2017 Youth Risk Behavior Survey (2015 State and Local questionnaire, Q6-7)
	While this performance measure covers grades K-12 in the targeted LEAs, states will be expected to report, at a minimum, data for grades 9-12 using YRBS data. It also measures

	 percent of students who are overweight and obese. Body Mass Index (BMI) measurement conducted in elementary, middle, and high schools is also a potential data source. This percent value is a secondary data source for this performance measure and should be reported in a separate row from the primary data source which is YRBS.
	The measure intends to measure the percent of students
	Not Appropriate:
	•
Frequency of Data Collection	Biannually
	CDC's School Health Guidelines to Promote Healthy Eating and Physical Activity http://www.cdc.gov/healthyschools/npao/strategies.htm
References	National Institutes of Health, National Heart, Lung, and Blood Institute. Disease and Conditions Index: What Are Overweight and Obesity? Bethesda, MD: National Institutes of Health; 2010.
	Krebs NF, Himes JH, Jacobson D, Nicklas TA, Guilday P, Styne D. Assessment of child and adolescent overweight and obesity. Pediatrics 2007;120:S193–S228.
Additional Information/Guidance	•