

CDC Operationalized 1305 Performance Measure

Date: 12/18/2015

Measure ID: m_2.6.07

Performance Measure: Percent of K-12 students participating in 60 minutes of daily physical activity (in the local education agencies targeted by FOA funding)

Strategy: Implement quality physical education and physical activity in K-12 schools

Intervention (Enhanced only): Develop, implement, and evaluate comprehensive school physical activity programs (CSPAP). CSPAP includes quality physical education and physical activity programming before, during, and after school, such as recess, classroom activity breaks, walk/bicycle to school, physical activity clubs).

Basic

Enhanced

Domain 2: Environmental Approaches that Promote Health

Domain 3: Health Systems Interventions

Domain 4: Community Clinical Linkages

Short Term

Intermediate

Long Term

AREAS	EXPLANATION
Purpose of Performance Measure	<ul style="list-style-type: none"> The purpose of this performance measure is to determine the extent to which quality physical education and physical activity are implemented in K-12 schools allowing students to participate in 60 minutes of daily physical activity (see CDC's School Health Guidelines to Promote Healthy Eating and Physical Activity).
Results Statements	<ul style="list-style-type: none"> In the US, CDC funded grantees worked to increase the number of K-12 students participating in 60 minutes of physical activity.
Definition of Terms (<i>Key concepts defined</i>)	<p>A comprehensive school physical activity program (CSPAP) is a multi-component program that includes the following: quality PE as the foundation, PA before, during, and after school, staff involvement, and family and community engagement. In addition to quality PE, examples of activities that are implemented within a CSPAP are recess, classroom PA breaks, intramurals and PA clubs, interscholastic sports, walk and bicycle to school initiatives, and joint-use agreements.</p>
Unit of Analysis	<ul style="list-style-type: none"> Students
Intended/Targeted Population	<ul style="list-style-type: none"> K-12 students in targeted LEAs.
Numerator	<ul style="list-style-type: none"> N/A
Denominator	<ul style="list-style-type: none"> N/A
Rate/Count/Percentage	<ul style="list-style-type: none"> Percent of students in grades 9-12 in targeted LEAs participating in 60 minutes of daily physical activity
Disparities Focus	<p>Approach related/specific:</p> <ul style="list-style-type: none"> N/A
	<p>Stratification:</p> <ul style="list-style-type: none"> N/A
Data source(s)	<p>The following data sources can/should be used to collect data for this measure:</p> <ul style="list-style-type: none"> 2015, 2017 Youth Risk Behavior Survey (2015 State and local, Q85) While this performance measure covers grades K-12, states will only be expected to report data for grades 9-12 using YRBS.

	<p>Not Appropriate:</p> <ul style="list-style-type: none"> •
Frequency of Data Collection	<ul style="list-style-type: none"> • Biannually
References	<ul style="list-style-type: none"> • CDC's School Health Guidelines to Promote Healthy Eating and Physical Activity http://www.cdc.gov/healthyschools/npao/strategies.htm
Additional Information/Guidance	<ul style="list-style-type: none"> •