

CDC Operationalized 1305 Performance Measure

Date: 12/18/2015	Measure ID: m_2.6.06
Performance Measure: Percent of K-12 students who attend PE classes on one or more days in an average week when they were in school (in the local education agencies targeted by FOA funding)	
Strategy: Implement quality physical education and physical activity in K-12 schools	
Intervention (Enhanced only): Develop, implement, and evaluate comprehensive school physical activity programs (CSPAP). CSPAP includes quality physical education and physical activity programming before, during, and after school, such as recess, classroom activity breaks, walk/bicycle to school, physical activity clubs).	
<input type="checkbox"/> Basic	
<input checked="" type="checkbox"/> Enhanced	
<input checked="" type="checkbox"/> Domain 2: Environmental Approaches that Promote Health <input type="checkbox"/> Domain 3: Health Systems Interventions <input type="checkbox"/> Domain 4: Community Clinical Linkages	
<input type="checkbox"/> Short Term <input checked="" type="checkbox"/> Intermediate <input type="checkbox"/> Long Term	
AREAS	EXPLANATION
Purpose of Performance Measure	<ul style="list-style-type: none"> The purpose of this performance measure is to determine the extent to which quality physical education and physical activity are implemented in K-12 schools allowing students to attend PE classes on one or more days in an average week (see CDC's School Health Guidelines to Promote Health Eating and Physical Activity).
Results Statements	<ul style="list-style-type: none"> In the US, CDC funded grantees worked to increase attendance in physical education classes in K-12 schools.
Definition of Terms (<i>Key concepts defined</i>)	<p>Daily physical education: Defined as the daily delivery of the curricular subject, physical education, to all students within the school.</p> <p>Quality physical education: consists of four main areas: 1) curriculum, 2) supportive policies and environment, 3) instruction that keeps students physically active for at least 50% of class time, and 4) student assessment. Ideally, physical education should be required daily for students in grades K-12 with 150 minutes/week for elementary school and 225 minutes/week for secondary school.</p> <p>Schools include all elementary, middle, and high schools within the targeted LEAs.</p>
Unit of Analysis	<ul style="list-style-type: none"> Students
Intended/Targeted Population	<ul style="list-style-type: none"> K-12 students in targeted LEAs.
Numerator	<ul style="list-style-type: none"> N/A
Denominator	<ul style="list-style-type: none"> N/A
Rate/Count/Percentage	<ul style="list-style-type: none"> Percent of students in grades 9-12 in targeted LEAs who attend PE classes on one or more days in an average week when they were in school.
Disparities Focus	<p>Approach related/specific:</p> <ul style="list-style-type: none"> N/A <p>Stratification:</p> <ul style="list-style-type: none"> N/A
Data source(s)	<p>The following data sources can/should be used to collect data for this measure:</p> <ul style="list-style-type: none"> 2015, 2017 Youth Risk Behavior Survey (2015 State and Local, Q89) While this performance measure covers grades K-12, states will only be expected to report data for grades 9-12 using YRBS.

	<p>Not Appropriate:</p> <ul style="list-style-type: none"> •
Frequency of Data Collection	<ul style="list-style-type: none"> • Biannually
References	<ul style="list-style-type: none"> • CDC's School Health Guidelines to Promote Healthy Eating and Physical Activity http://www.cdc.gov/healthyschools/npao/strategies.htm
Additional Information/Guidance	<ul style="list-style-type: none"> •